

Small changes, big differences.



Two hours is all you need for a Triple P Discussion Group

Positive parenting help that REALLY Works!

Triple P Discussion Groups are short, small group sessions that offer practical advice for tackling a specific problem behaviour.

A discussion group is run by a trained Triple P provider. Each session brings together about 10—12 parents who are experiencing the same parenting problem, and covers one of the four topics listed below. Just choose which one (or however many) of the discussion group sessions fits your needs:

Dealing with disobedience
Developing good bedtime routines
Managing fighting and aggression

DATES:

Early Release Days

October 15, 2021
December 17, 2021
March 11, 2022

TIME:

1:30-3:30 p.m.

WHERE:

Alexander Elementary School

PRESENTERS:

Megan Dean, Brandon Lawson &
Tammy Hogsett

BOOKINGS AND INFORMATION For more information, please contact training@hopewellhealth.org



Presented by Alexander Local Schools in partnership with Hopewell Health Centers and Nationwide Children's Hospital.